The ULL-27 scale was designed and validated consisting of all the classical stages to construct measurement instruments. This scale is precise, sensitive, accurate scale. Internal coherence of items and dimensions is excellent. Scores for the physical and psychological dimensions do not change in clinically stable patients. The social dimension is less stable; conversely, it is sensitive to any clinical change in the disease. The scales can be used in any clinical setting, and the results have been shown to be valid and reliable. The ULL-27 scale has been successfully used to measure the impact of the disease on the quality of life in various studies.